

# **Bereavement Day of Reflection**

Tuesday, Nov 12th, 2024

## "A Time to Remember; A Time to Heal."



"There is a time for everything, and a season for every activity under the heavens." Eccl 3:1

If you have lost a loved one this year or in the past, you are invited to participate in this healing retreat. You will join with others for support and consolation and learn about coping tools for everyday and holidays

Christ the King Passionist Retreat Center Citrus Heights, CA

#### **Presenters:**

Fr. Joe Moons, C.P.,
Retreat Center Director
Fr. Phillip Donlan, C.P.,
Associate Director of Ministry
Ms. Nancy Estes, MA MFT CT-Retired
Grief Counselor

#### **Schedule:**

9:00 am Registration

- 9:30 am Welcome and Introduction
- --Morning prayer and reflection
- --Candlelight Service
- --Break & a time for quiet reflection.
- --Ways of Moving forward

12:00 pm Lunch

- 1:00 pm Holidays & my life today.
- 2:00 pm break
- 2:15 pm Mass
- 3:00 pm Peaceful Goodbye

REGISTRATION FORM

Fee: \$60 (includes Lunch)

### BEREAVEMENT DAY OF REFLECTION November 12th, 2024

Registrations start at 9:00 am and the day concludes with Mass at 2:15 pm.

> Please Mail To: Christ the King Passionist Retreat Center, 6520 Van Maren Lane, Citrus Heights, CA 95621. Attention 'Retreat' or Call 916-725-4720 Ex.301

> > Register online at www.christthekingretreatcenter.org

