



Christ the King

Fall Newsletter

2022



MAY THE PASSION OF JESUS CHRIST BE ALWAYS IN OUR HEARTS

"Come to me all you that are weary and are carrying heavy burdens, and I will give you rest." Matthew 11:28

Dear Friends,

It's amazing to me how quickly the seasons change. As you read through the fall newsletter you'll notice the calendar is full, there's constant movement at the retreat center, and the shadow of a pandemic is no longer. I often wonder how we got to this point.

I recently took retreat at Mater Dolorosa, our sister retreat center in Sierra Madre, CA. It was the first time to travel outside of Sacramento since the beginning of the pandemic in March 2020. I needed the silence just as much as I needed the time away. It was important to get reset and grounded. I reflected on the past two and a half years, and while some would mention their desire to become busy because of the extended time off, I needed rest. I was on auto mode, and within this mode, I didn't know how to slow down. I needed to cry. I needed to feel God's Love again.

Prior to my retreat, it felt like the ebbs and flows of life were becoming waves. The waves were crashing down with a variety of situations that often times didn't seem fair. Over a year ago, I lost a close friend of mine and since then, I've experienced being beside his wife, my childhood friend in the midst of her suffering and loss. We live each day with a void and it's taken some time to heal and come to terms.

But God always has a way of walking beside us and allowing the days to continue even when the challenges are more than we'd like.

Once on retreat, I was faced with no cell phone, no emails, no connection to the outside world. I could breathe once again. To me, it was amazing how such simple acts allowed me to rest and enjoy the present moment. The quietness let me focus on all the things I'd been pushing aside and within the silence, acknowledge many of the blessings I just didn't see. I was nourished not only with food and wonderful people around me but also with the opportunity to be in prayer. It wasn't my usual prayer, but it was the conversation that started with "Dear God" and it ended two days later, with a heart of gratitude and my spirit fed.

So, as life continues, the busyness creeps up, but one thing for sure, another retreat is waiting...when I'm ready.

As you may know, journeying in this life isn't just about our daily lives, family, friends, and career, it's also about seeing God's Love among the challenges and sweet moments. I invite you to come on retreat this season. We'd love to see you!

Blessings,

Natalie Swintonoff

What's New at CTK...

The retreat center has been busy all summer with hosted groups. Our Married Couples retreat in July was well attended. Fr. Jack Conley, C.P., who served as a member of our CTK preaching and retreat team these past several years, has taken on the role of director of ministry here at Christ the King. He will lead the retreat team with a vision for future retreat seasons and programs.

You might be wondering about our Diamond Jubilee Capital Campaign progress, we're excited to share our phase 2-Quinn Room Remodel has been completed! The Quinn Room got a fresh coat of paint, new carpet and curtains. This was made possible by many kind and generous benefactors who contributed to the Fund-a-Need during our annual Fall Gala 2021. Stay tuned for updates about our next phase for the campaign!

In July, our well pump broke and needed replacement. This was an urgent need as the well provides 90% of the irrigation for the grounds. Luckily, we were able to fix the well pump and all is in working order.

Lastly, we were delighted to receive a \$2500 gift in support of the ministries at Christ the King from the Members of the St. Joseph Marellio Marian Guild, Granite Bay. The gift was a great surprise and very appreciated.



Welcome Fr. Phillip Donlan, CP



Fr. Phillip Donlan, CP entered Passionist formation at Holy Cross Province in January of 2016. He was ordained to the priesthood on May 14, 2022. He studied at Catholic Theological Union where he earned a Masters of Divinity and a certificate in Hispanic Theology and Ministry in 2022. He worked in accounting before he felt the call to religious life. Fr. Phillip and his two sisters grew up in Omaha, Nebraska where his parents still reside. He is interested in languages and loves doing puzzles. He finds himself deeply connected to the Passionist Charism serving the crucified of the world. Fr. Phillip's ministry interests include hospital chaplaincy and preaching. We are excited to have him join our retreat team.

Thank You for Your Service



Jay Barry served on the CTK board of directors for over 4 years. While on the board he served on the Finance Committee. Jay enjoyed getting to know and working with the members of the board over the years. He shared with them their enthusiasm and desire for the continued success and longevity of the Retreat Center. After over 50 years of living in the Sacramento area and being connected with CTK during those years, Jay and his wife Linda moved to Rancho Mission Viejo at the end of July to be close to family, particularly their grandchildren. Jay treasures the time spent at CTK over the years. He and Linda take with them many years of fond memories. He wishes everyone at CTK a happy, healthy, and spirit filled future. We wish Jay and Linda the very best on their new journey!

Development News

Supporting Christ the King Passionist Retreat Center

Thank you for your continued support of Christ the King Passionist Retreat Center! The Center is dedicated to sustaining the vision of our founder, St. Paul of the Cross, by offering retreats and ministry activities intended to provide spiritual renewal and growth. Donations provide support to on-going programs, provide retreat scholarships, and care for the beautiful buildings, gardens and grounds at Christ the King Passionist Retreat Center.

Planned Giving: Leaving a Legacy

The ultimate goal of Christ the King Planned Giving is to ensure the longevity of Christ the King Passionist Retreat Center for future generations. Our Founder, St. Paul of the Cross, believed that the Passion of Christ was “the most overwhelming work of God’s Love” and that “renewed awareness of the suffering of Christ could lead people out of isolation and despair to a deeper faith and love for God and neighbor.” If you should decide to include Christ the King in your estate planning, please list our legal title, address and federal tax ID in your documents:

Legal title: Christ the King Passionist Retreat Center
Legal address: 6520 Van Maren Lane, Citrus Heights, CA 95621
Federal tax ID: 94-1294938

The Gift of Time -Volunteer at CTK- There are several volunteer opportunities at Christ the King, including Weekend Retreat Host/Hostess; General Event Support, Parish Coordinator, Grounds/Maintenance. Please contact the Development Office if you are interested in volunteering.

For additional information about ways to give, go to our website at www.christthekingretreatcenter.org or contact Sandra Gill in the Development Office at 916-725-4720, Ext. 302 or sgill@passionist.org.

Holy Family Prayer Garden- Buy a Brick Tile \$275

The Holy Family Prayer Garden is one of several areas at Christ the King Passionist Retreat Center dedicated as a place for meditation and prayer. Engraved brick tiles are available for purchase that will be carefully placed on the base of one of two statues in the garden: Lady of Guadalupe, and/or St. Joseph. For more information go to:

<https://christthekingretreatcenter.org/giving/buy-a-brick/>

Looking Ahead...

Join us for Christ the King’s Annual Fall Gala (Fundraising Event):

An Evening in Paradise, Saturday, October 8, 2022. \$135 pp. See back page for more details.

Giving Tuesday: A Global Day of Giving on November 29, 2022. Watch for more details!

Interested in receiving our weekly Passionist Charism Reflection and Retreat Center Updates?

Email sgill@passionist.org.



“Look to the past with gratitude, live the present with passion and embrace the future with hope.”

-Pope Francis

Family Fiesta 2022

The Retreat Center held its annual Family Fiesta on Sunday, June 5. The morning began with an unexpected rain. Staff had to change plans quickly before guests arrived for the outdoor Mass and day of celebration. To keep everyone warm and dry, the Eucharistic Liturgy for the Feast of Pentecost was celebrated in the chapel and some activities shifted to indoors. Guests enjoyed live music, a traditional folkloric dance group performance, and games for all ages, including a piñata. Over 100 guests attended. Thank you to all who bought raffle tickets or made a donation in support of this annual fundraising event. A special thank you to those who volunteered their time!

Congratulations to our raffle winners:

Grand Prize -\$1000: Diane Frailey

2nd Prize-\$500: Jess Stone

3rd Prize -Retreat Weekend: Monica Armanino

Save the Date for 2023:

Sunday, June 4.

We hope to see you there!





Christ the King Passionist Retreat Center

6520 Van Maren Lane, Citrus Heights, CA 95621

MAY THE
passion
OF JESUS CHRIST
BE ALWAYS IN OUR
hearts



Walking with Jesus
to the Ends of the Earth

Many retreatants arrive on Friday night weighed down by concerns. Perhaps these are financial, or a troubled child, a recent medical diagnosis, or maybe a keen sensitivity to the divisions and violence in our society or Church.

Our theme this year centers on the Passion of Christ — the suffering of the Body of Christ today as well as Jesus' suffering on Calvary. In pondering together the horror of war in the Ukraine or the gun violence in our own land, we ease the pain and find meaning and direction. The cross is not merely the experience of suffering; rather, it takes on solidarity with the marginalized, the oppressed, victims of global injustice. The resurrection of Jesus is God's "NO" to injustice.

May the Passion of Jesus Christ be Always in Our Hearts.

**ALL WEEKENDS ARE OPEN TO
MEMBERS OF ANY PARISH
GROUP AND INDIVIDUALS**

Retreat Season 2022-2023

Women's Retreats

| | |
|-------------|-------------|
| W1 Nov | 4-6, 2022 |
| W2 January | 13-15, 2023 |
| W3 January | 27-29, 2023 |
| W4 February | 3-5, 2023 |
| W5 February | 24-26, 2023 |
| W6 March | 10-12, 2023 |
| W7 March | 24-26, 2023 |
| W8 April | 14-16, 2023 |
| W9 April | 28-30, 2023 |

Men's Retreats

| | |
|--------------|-------------|
| M1 Dec | 2-4, 2022 |
| M2 February | 10-12, 2023 |
| M3 February | 17-19, 2023 |
| M4 March | 3-5, 2023 |
| M5 Mar./Apr. | 31-2, 2023 |

Retreat Team

Fr. Tom Bonacci, C.P.
Fr. Phillip Donlan, C.P.
Gwen Devereux
Talib Huff

Fr. Jack Conley, C.P.
Director of Ministry

IN-PERSON REGISTRATION: \$250 SINGLE/\$230 DOUBLE

(We do not allocate shared rooms, please organize your own partner)

PAY ONLINE: CONTACT RETREAT CENTER IF YOU NEED ASSISTANCE

Retreat Number: _____ **Date:** _____

NAME _____ HOME PHONE _____

ADDRESS _____ Cell Phone _____

CITY / STATE / ZIP _____ EMAIL _____

PARISH _____

PAYMENT ENCLOSED: ☐ Cash \$ _____ ☐ Check Number: _____

CREDIT CARD # _____ **Expire Date:** _____ **Security Number:** _____

Have you attended a retreat at Christ the King in the past? ☐ YES ☐ NO **Number of times:** _____

Please Mail To:

Christ the King Passionist Retreat Center- 6520 Van Maren Lane, Citrus Heights, CA 95621.

Attention 'Retreat' or Register Online: **ChristTheKingRetreatCenter.org**. Call 916-725-4720 ext.307

***Please see back**



Christ the King Passionist Retreat Center

6520 Van Maren Lane, Citrus Heights, CA 95621

*2022-2023 Schedule



MAP

FRIDAY

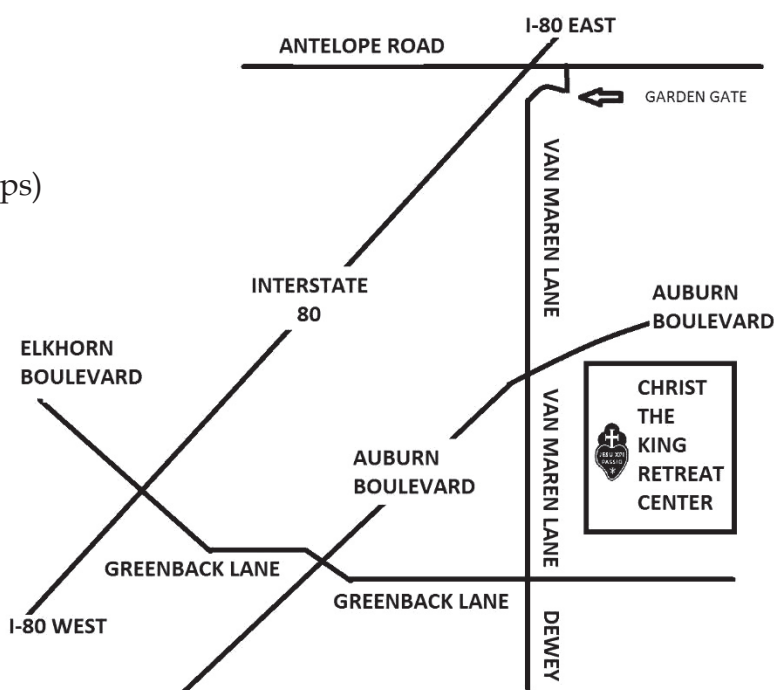
- 4:30pm Registration
- 5:30 pm Social & Welcome Announcements
- 6:30 pm Supper
- 7:30 pm Opening Prayer Service and First Conference

SATURDAY

- 8:00 am Morning Prayer
- 8:30 am Breakfast
- 9:30 am Second Conference
- 11:15 am Liturgy
- 12 noon Lunch
- 1:00 pm (Quiet, Rest, Study, Optional Workshops)
- 3:00 pm Third Conference (Chapel)
- 3:45 pm Sacrament of Reconciliation
- 5:15 pm Conference four
- 6:00 pm Supper
- 7:15 pm Fourth Conference
- 9:15 pm Night Prayer

SUNDAY

- 8:00 am Morning Prayer
- 8:30 am Breakfast
- 9:30 am Final Conference
- 11:15 am Concluding Liturgy
- 12:15 pm Lunch & Peaceful Farewell



Room Request

- ☐ Bathroom with wheelchair access
 ☐ No Stairs
 ☐ Service Dog

Please provide details of other mobility issues or special requirements _____

Dietary Requirements: ☐ Vegetarian ☐ Gluten free

Other dietary requirements may need for you to bring your own food. Refrigeration is available.fo visit our website

www.christthekingretreatcenter.org or call 916-725-4720 Ext. 307

Retreats for Men and Women In Recovery



The Life Giving Stories of the Big Book

Our recovery retreat will glean the stories of the Big Book and other sources as we once again discover the pathways to sobriety. These powerful and simple stories touch our hearts and change our lives. They invite us to seek the wisdom around us as we quest for the serenity within us.

Facilitated by Fr. Tom Bonacci, CP

Fee: \$250

Men: September 23-25, 2022

Women: October 21-23, 2022

Institute for the Study of the Passion Fall Session



The Interrelationship of the Passion
and the Hebrew Bible

Led by Fr. Tom Bonacci, CP

Thursday mornings 10:30am-NOON

October 6, 20, Nov. 3, Dec. 1

Fee: \$45 for all sessions/\$15 per session at the door

Location: CTK Retreat Center

Online Option to be Confirmed

A Day of Bereavement



From Inner Gloom to Personal
Transformation

November 10, 2022

9:30am-3:00 pm

**Facilitated by: Fr Jack Conley, CP
& Fr. Phillip Donlan, CP**

Fee: \$50 - Includes Lunch



Advent Day of Prayer

December 6, 2022

9:30am-3:00

Facilitated by: Retreat Team

Fee: \$50 - Includes Lunch



Simbang Gabi

December 15-23, 2022

Starts 6:00 pm each evening

Come celebrate this wonderful
Filipino Tradition fellowship



New Year's Retreat

December 31, 2022 -Jan 1, 2023

Details to Come...



Catholic Engaged Encounter

Dates:

Nov. 18-20, 2022, Jan. 20-22, 2023,

Mar. 19-20, 2023

For information or to register,
please go to the Engaged

Encounter website at:

<https://www.sacee.org>

For information on retreats, call 916-725-4720 ext. 307 or go to
www.christthekingretreatcenter.org

We're Hiring!

Lead Grounds Person (part-time to full-time), Housekeeping & Dining Room (part-time)

Inquire by email at christtheking@passionist.org or by phone at 916-725-4720, ext. 301



Christ the King
 Passionist Retreat Center
 6520 Van Maren Lane
 Citrus Heights, CA, 95621

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MAY THE PASSION OF JESUS CHRIST BE ALWAYS IN OUR HEARTS

Save the Date!



CHRIST THE KING PASSIONIST RETREAT CENTER
 presents

*5th Annual
 Fall Gala 2022:
 An Evening in Paradise*
 A FUNDRAISING EVENT

Saturday, October 8, 2022
 4pm-10pm

Please join us at our 5th annual
 Fall Gala- *An Evening in Paradise:*

- Mass, Dinner and Dancing
- Silent and Live Auctions
- Overnight Accommodations Available

Tropical and Island attire encouraged.

Tickets \$135pp

Overnight \$100 - Includes Breakfast

Tickets can be purchased online, by
 mail, or in person.

For more information contact Sandra
 Gill at sgill@passionist.org or
 916-725-4720, ext 302.