



Christ The King Spring Newsletter



2019

MAY THE PASSION OF JESUS CHRIST BE ALWAYS IN OUR HEARTS

"No matter how long the winter, spring is sure to follow." Ancient Proverb

Dear Friends,

As I reflect on these words I'm in Calgary, Alberta, Canada, waiting for my visa processing to be completed so that I can return home and to my work. This has not been particularly easy, as I anxiously await my documents to be returned I cannot help but notice the gravity of the harsh winter here. The whole land is immersed in snow, which is not a normal picture in Sacramento, nor to me. Though winter has its own beauty everything looks dead, wanting for life, light, freshness, growth. But the truth is, beneath the snow rests the promise of life, guarantee of newness, hope of light bustling with abundance of color, exuberance and joy.

Life can be like winter, it sometimes feels long, hard, dark and grey. It can be especially trying to our resiliency and persistence. We resist and get frustrated. But if we hang in there, the seasons change. Long, dark nights turn to lighter, longer days. The rains pass, and flowers bloom. Acceptance of hardship and challenges paired with a confident hope that warmer, brighter days are ahead can give us the courage to persist through the grey and work toward a brighter season ahead.

In a few days we will welcome Spring, bringing transformation and change; from darkness to light, from cold to warmth, from grey to bursts of color. It is a time for cleaning house, new growth in gardens, and baby animals. The new life, new beginning, bright and

colorful new look that spring brings are hopeful signs that life on this earth renews again and again. This reminds us that we don't remain in any one season or cycle in life indefinitely. Seasons change.

We, too, have cycles and rhythms to our lives and to our growth process. Like any attempt at something new, it can be scary and exciting. We may make some mistakes and we may not stick to it as regularly as we hoped. I hope these few words and this spring season will encourage you to take the risk to try something new as well! I hope you feel hopeful about starting anew; doing something different, making a change, trying again, persisting, and believing in something light and colorful is ahead for you.

We take joy in assisting people as they make changes in an effort to live well and full. This may involve taking care of oneself, having a sense of well-being, and developing resilience in the face of the inevitable challenges of life. My hope is that you will find your time at Christ the King provide guidance, answers questions, provokes thought, entertains, inspires, and ultimately encourages you along the journey! What new growth will you focus on this Spring?

"Let us acknowledge the LORD; let us press on to acknowledge him. As surely as the sun rises, he will appear; he will come to us like the winter rains, like the spring rains that water the earth." Hosea 6:3

Fr. Giltus Mathias C.P.

2018 Celebrations at CTK

Autumn Splendor Gala

Our first Annual Splendor Gala took place on October 6, 2018 and was a great success with over 100 guests in attendance. The event included Mass, Social, Sit-down Dinner, Silent and Live Auctions, and Dancing. Many thanks to all who participated in support of our first Gala event by donating, volunteering, and/or by attending the event.

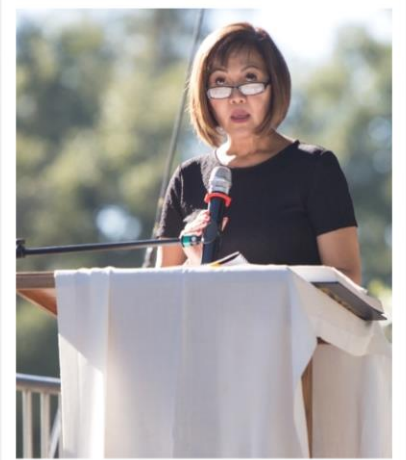
We look forward to our next Gala which will be Saturday, **October 5, 2019. Save the Date!**



2018 Celebrations at CTK Cont....

Annual Marian Procession

The Marian Procession was held on Saturday, October 13 at Christ the King on a beautiful fall afternoon. Over 250 guests attended the day. The Most Reverend Bishop Jamie Soto celebrated Mass followed by a Rosary Procession around the grounds with each decade being recited in a different language. The liturgy concluded with Benediction. Students of Holy Trinity School dressed as the children of Fatima while other students greeted the statue of Our Lady by spreading rose petals on the ground. Boys from Jesuit High School carried the statue and attendees participated in the Offertory and led the carrying of a 40-foot wooden rosary in the procession.



2018 Celebrations at CTK Cont....

Los Posadas

On December 13, Christ the King held its annual celebration of Los Posadas. This tradition recreates Mary and Joseph's journey to find lodging for Mary to give birth to Jesus. A group representing the Holy Family moved outside from door to door around the Center, singing songs, asking for lodging. They were refused each time until they reached the Quinn Room where the travelers were finally permitted to enter. Prayer and song continued, and everyone enjoyed a feast of festive foods, including homemade tamales. The evening concluded with the children having much fun with a piñata. More than 130 people attended and participated in this Hispanic tradition.



Simbang Gabi

The Filipino tradition of Simbang Gabi, a nine-day Novena in preparation for Christmas was celebrated From December 15-23 at Christ the King. Our Chapel was decorated with the beautiful parol lanterns to welcome our church goers. Each evening the community brought a selection of sumptuous food to share in celebration and fellowship following Mass. Over 130 people attended each evening. The last night was celebrated with over 300 people.



Ladies Guild Christmas Luncheon

Our Ladies Guild held their annual Christmas luncheon on December 18. Table hosts were invited to decorate their tables with individual décor and invite guests to join them at their table. Christ the King hosted three tables for staff and volunteers. Everyone enjoyed a delicious meal prepared by our chefs Deanna and Jarrod. The Ladies Guild is dynamic group of women who support the center through fundraising and volunteer work on behalf of Christ the King.



Development News- Sandra Gill

Supporting Christ the King

Christ the King Passionist Retreat Center is dedicated to sustaining the vision of our founder, St. Paul of the Cross offering retreats and ministry activities intended to provide spiritual renewal and growth. Donations provide support to ongoing programs, provide retreat scholarships, and care for the beautiful buildings, gardens and grounds at Christ the King Passionist Retreat Center.

Recurring donations are a great way to help us plan for the future-making a commitment to a monthly gift over a period of a year or longer. If you are already giving monthly, consider increasing your gift in 2019. You can make an online gift (recurring or one-time) at www.christthekingretreatcenter.org or fill out donation commitment form included in Newsletter and mail in.

CTK Wish List

You may prefer making a gift to a specific project. There are several projects needing your support. Our most urgent need is:

Carpeting for Quinn Room - \$30,000

Blinds for Quinn Room - \$5000

Become a Volunteer – Another way to give is of your time. Volunteer Opportunities include Weekend Retreat Host/Hostess; General Event Support, Babysitting, Parish Coordinator, Grounds/Maintenance. Please contact the Development Office if you are interested in volunteering.

If you would like more information about ways to give, please contact Sandra Gill, Development Coordinator, at sgill@passionist.org or by calling (916) 725-4720, extension, 302.

St Paul of the Cross Memorial Garden

As of February 2019, 190 bricks have been personalized and placed in the St Paul of the Cross Memorial Garden. Only 52 spaces left! The garden has become a sacred place for quiet time alone or to be with a friend. Remember YOUR brick(s) can be personalized in memory of loved ones or in celebration of family and friendships. Become part of the community story that has been created and leave a lasting legacy at Christ the King! You can order online or download a form through the website.



Thank you for your continued support of Christ the King Passionist Retreat Center!

THANK YOU.....



Support to Paradise!

Thanks to all who donated items to help our friends in Paradise. Through the generosity of so many people CTK was able to reach out to the Paradise community as it deals with the devastations. Please keep in prayer the Parish of St Thomas More!



Thank You for Your Service

Rae James served on the Christ the King Board for 8 years. Rae was a great asset to the Retreat Center with her professional experience and dedication to the mission of the retreat center. She was a great delight to work with and never short of enthusiasm, resourcefulness and passion especially with numbers.

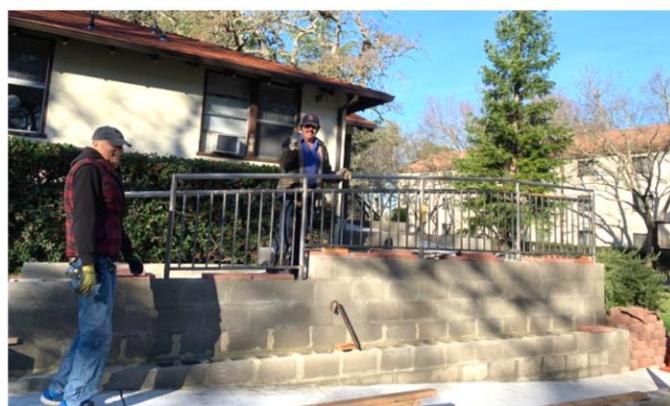
Rae is a native Californian, and a graduate of the University of California at Berkeley. She is a retired political analyst and she served as Deputy Mayor for the City of Los Angeles. After retirement, she returned to her first love—writing mysteries. In 2013, her debut novel was published. Her seventh book, *The Appraiser*, will be released in Spring 2019. Rae also spends her time promoting literacy programs for at-risk youth through a Sacramento arts-based creative writing nonprofit, 916 Ink.



Improvements at CTK

New Carpet

In December 2018, the Parsons, Library, and Guadalupe rooms in the Chapel Building had much needed new carpeting put in, thanks to the generosity of Christ the King's Ladies Guild and of behalf of the estate of **Joyce Foat**, a past member of the Guild. Thank you, Ladies Guild.



La Casa Ramp

The final phase of the Disable Ramp Project is in process with the making and installation of the hand rails. Many thanks to those who contributed to the ramp project—Spinetta Family Winery; Christ the King Passionist Partners; Christ the King Ladies Guild; Knights of Columbus Infant Mary Council #4964.

Special thanks to Michael Suffecool, who donated his time to make the railings and to staff Perry Mejica and Raphael Zepeda for all their hard work during this project!

Remembering Margaret Hinshaw

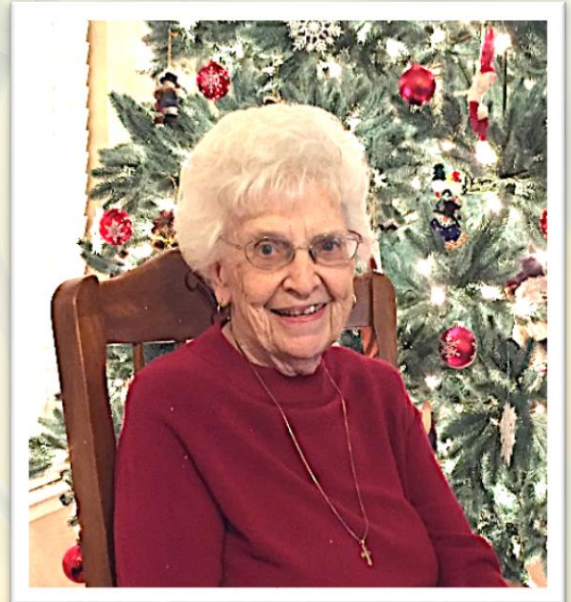


Margaret Hinshaw was born on November 1, 1928 in Healdton, Oklahoma. She peacefully passed on November 3, 2018 at the age of 90 surrounded by her loving family.

For 42 years Margaret Hinshaw was the face of Christ the King Retreat Passionist Center as the Center's receptionist. Margaret worked tirelessly at CTK to fill the retreat house for weekend retreats, staying late waiting for the last to arrive. She had a special gift for meeting people and making them feel welcome. She hosted Christmas parties for the staff and assisted with the yearly Fiesta. Margaret was dearly loved by all she met. The Grotto of Our Lady of the Passion at the Center is dedicated in her honor for her service at Christ the King (Blessed in May 2012).

Margaret was a member of Holy Family Catholic Church since 1966. She was also involved with the Sacramento Diocesan Conference of Catholic Women and served as Regional President for San Francisco Province of the National Conference of Catholic Women for several years.

Some of Margaret's hobbies were caring for everyone she met, joyfully sharing her Catholic faith, roller skating and spoiling her grandkids. We give thanks today for Margaret's long life of faith, love, and service which has blessed Christ the King Passionist Retreat Center.



Easter Triduum Retreat



"Enkindling the Fire within"

**Holy Thursday through Easter Sunday
April 18-21, 2019**

In the Holy days leading up to Easter, Christ invites us to share in His passion and recognize the great act of love that it is. Allow Christ to "open the scriptures" in your heart as we take time for silence, prayer, words of wisdom, and revelation.

You are welcome to attend one or all the four days.

Holy Thursday, April 18 (4:30pm Registration)

7:30 pm Liturgy of the Lord's Supper and Washing of the Feet

Good Friday, April 19 (8:30am Registration)

10:00 am - Stations of the Cross

2:45 pm - Liturgy of the Passion and Veneration of the Cross

Holy Saturday, April 20

7:30 pm - The Great Vigil of Easter

Easter Sunday, April 21

9:00 am - Easter Sunday Liturgy (brunch following)

Cost:

- ♥ All four days including accommodation - \$300 Single/ \$250 double sharing.
- ♥ Holy Thursday with Dinner - \$30
- ♥ Good Friday - \$50
- ♥ Sunday Liturgy and Brunch - \$25

Stations of the Cross

With our Passionist Family



Good Friday

April 19, 2019

Join us for the observance of the Stations in our outdoor garden at 10am on Good Friday.

Friday, April 19 at 10:00am

Institute for the Study of the Passion



Lead by Fr. Tom Bonacci C.P.

Thursday mornings 10:00 am – 12:00 noon

Following Community Mass

\$12 per person, per session

Spring Series

Reflections of the Gospel of St. Luke

May 2 – A Most Surprising Catch – Lk 5

May 16– The Woes of Love - Lk 6

May 30 – The Ideal Church- Lk 7: 1-10

Summer Series

Reflections on the Gospel of St. Luke

July 18 – The Power of Compassion – Lk 7:13

August 1 – The Church Revisited – Lk 7: 36-50

August 15 – The Daily Cross - Lk 9: 23-24

Caregivers Retreat*We Do This Together****"What Would You Have Me Do for You?"***

Through reflections, sharing, rituals of healing, and peaceful quiet we offer an opportunity and an atmosphere for Caregivers to be cared for.

Facilitated by: Fr. Tom Bonacci, CP

Tuesday April 2, 2019, 9:30 am to 2:00 pm

\$40 includes lunch

Concludes with Mass

Married Couples Retreat*Encountering Jesus*

An engaging, creative and refreshing weekend with Fr. Bob Weiss CP

July 19-21, 2019

Cost: \$325 per couple

Catholic Engaged Encounter**Friday Night to Sunday Afternoon**

May 24-26, 2019

Aug. 30- Sept. 1, 2019

Nov. 22-24, 2019

Bookings: See the Engaged Encounter website

Recovery Retreat*"In all the Affairs of our Lives"*

Men in Recovery – May 10-12 and Sept. 27-29

Women in Recovery – May 17-19 and Sept. 6-8

Presented by Fr. Tom Bonacci C.P. (May)

Fr. Tim Meyers SJ (Sept.)

Cost: \$215 per person



Sunday, June 2, 2019, 1:00pm to 6:00pm.

The Fiesta begins with Mass, followed by a delicious authentic multicultural menu of food items for lunch. We'll have games for the kids, including Pinata, and raffle for cash prizes.

Volunteer Opportunities: If you would like to volunteer at Fiesta, please email Sandra Gill at sgill@passionist.org.

Young and Married**Third Sunday of Every Month****3:00pm-5:00pm**

Facilitated by Fr Giltus Mathias CP, Deacon Dennis and Jo Gorsuch and other Young married couples.

Cost: Free

Babysitting available

The Silent Directed Retreat

June 3-7, 2019



"The Word of Our God Came to Me Saying"

"The Spirit Will Teach You Everything"

Our five-day Silent Retreat takes its inspiration from the Prophets of the Scripture, taking a step back to survey and appreciate the contemplative (mystical) experience each Prophet experienced. Come explore the Word of God in your life. Hear the Word that can bear fruit in every thought, word, and deed.

Directed by Tom Bonacci, C.P.

Cost: \$425

Bereavement Retreat

Now and At the Hour



Experience hope, healing and support through reflections, prayer and sharing and let your memories lift your heart.

Facilitated by Fr. Tom Bonacci, CP

September 13, 2019

9:30am – 2:30pm

\$40 includes Lunch

Concludes with Mass

Young and Married

Meets 3rd Sunday of every month from 3 to 5pm. Every session is an opportunity to grow in knowledge about the sacrament of marriage, to grow in love among each other and, most importantly, to grow in love with God.



CTK Staff and Board of Directors



Hi from the Dedicated and Joyful Staff and Board of Directors at CTK!
"We are happy to serve"



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MAY THE PASSION OF JESUS CHRIST BE ALWAYS IN OUR HEARTS

Save the Date Autumn Splendor Gala Saturday, October 5, 2019

Join us for an Elegant Evening
at Christ the King
Mass, Dinner, Auction

